



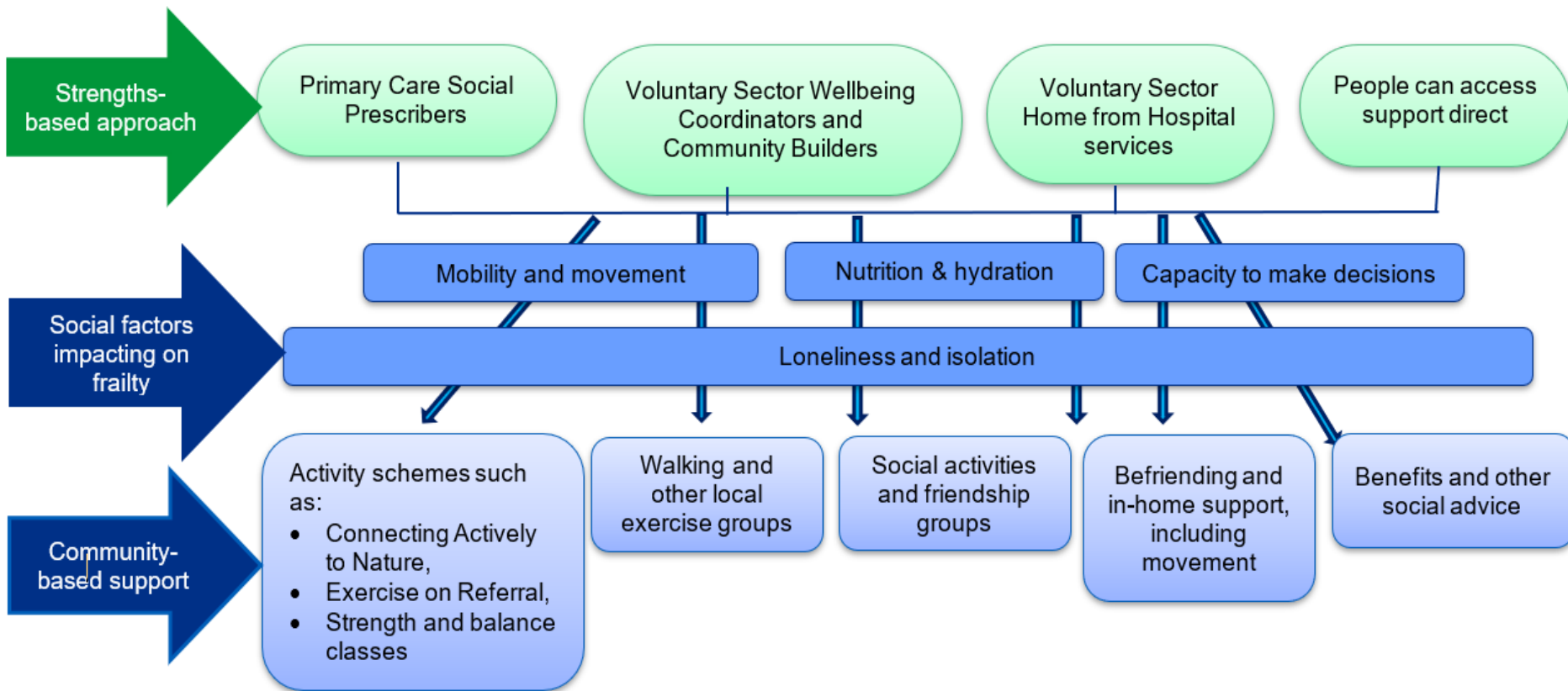
Health and care working with local communities
in Plymouth, Torbay and the rest of the county

Voluntary sector and community support

Living Longer Stronger; pathways to promote healthy ageing
in Torbay and South Devon

Jo Curtis and Sue Wroe

Overview of support available



The full document can be found on the South Devon Formulary as 'Overview of support available':
<https://southwest.devonformularyguidance.nhs.uk/referral-guidance/south-devon-torbay/care-of-the-elderly/frailty>

Torbay

Support is identified through strengths-based conversations to determine the person's goals and the most holistic way of achieving them.

Support needed	Contact
<p>While the person is still in hospital, or you're not sure who to contact Preparation for the person being discharged from Torbay hospital in a planned way. Links with community hospitals. Contact with individual and family, and links to support in the person's local community.</p>	<p>Voluntary sector discharge support tsdft.dischargesupportteam@nhs.net</p>
<p>Home from hospital service – prompt access to support the person arriving in and having support in their home.</p>	<p>Community Helpline 01803 446022 or www.bit.ly/torbayhelpline</p>
<p>Person aged 50+, one or more long term health condition, at home and may be lonely or isolated.</p>	<p>Wellbeing Coordinators wellbeingcoordinator.torbay@nhs.net</p>
<p>Person aged 50+, at home, may be lonely or isolated and would benefit from support in their neighbourhood.</p>	<p>Community Builders info@torbaycdt.org.uk</p>
<p>Person aged 18+, at home. Helping people have more control over their own health and find ways to improve how they feel, in a way that suits them.</p> <p>Torquay Primary Care Network (PCN) – Croft Hall, Brunel Medical Practice, Chelston Hall & Southover Medical Practice</p> <p>Paignton & Brixham Primary Care Network (PCN) – Mayfield Medical Group, Corner Place & Old Farm Surgery</p> <p>Baywide Primary Care Network (PCN) – Compass House, Pembroke Group & Chilcote Surgery</p>	<p>Social prescribers</p> <p>Torquay PCN: External referrals not currently available. Contact the Social Prescribing team via the practices for more information.</p> <p>Brixham & Paignton PCN: pbpcn.socialprescribing@nhs.net</p> <p>Baywide PCN: socialprescribing.torbay@nhs.net</p>
<p>Further self-help resource, available to all</p>	<p>https://torbaytogether.org.uk/</p>

Coastal

Support is identified through strengths-based conversations to determine the person's goals and the most holistic way of achieving them.

Support needed	Contact
While the person is still in Torbay hospital, or you're not sure who to contact. Preparation for the person being discharged from hospital in a planned way. Links with community hospitals. Contact with individual and family, and links to support in the person's local community.	Voluntary sector discharge support tsdft.dischargesupportteam@nhs.net
Home from Dawlish Community Hospital service – support for the person when they arrive home from hospital. Includes shopping, meals, check-in, collect prescriptions, liaise with healthcare professionals	Home from hospital services: Info@volunteeringinhealth.co.uk 01626 771695
Person aged 50+, one or more long term health condition, at home and may be lonely or isolated.	Wellbeing Coordinators Info@volunteeringinhealth.co.uk 01626 771695
Person aged 18+, at home. Helping people have more control over their own health and find ways to improve how they feel, in a way that suits them. Coastal Primary Care Network (PCN) – Channel View Medical Practice, Teign Estuary Medical Group, Barton Surgery	Social Prescribers Coastal PCN: social.prescriber2@nhs.net
Further self-help resource, available to all	https://devonconnect.org/teignbridge